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# 2016

Boarding School Edition





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University Preparation Programs – *for students ages 14 to 17*

Summer in New York City – *for students ages 16 and older*

Nike Sports Camps – *for students ages 9 to 17*

### **CANADA**

Summer and Winter Youth Programs – *for students ages 9 to 17*

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STUDENT EXPERIENCE  
INTERNATIONAL STUDENTS TELL THEIR STORIES!



NATHALIA BELLER

Ross School

P.22



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# CONSIDERING

A U.S. BOARDING OR SUMMER SCHOOL PROGRAM?



**I**n the United States there is a network of independent residential schools for boys and girls aged 10 to 18 years old—boarding schools. There are more than 300 boarding schools in the U.S.

Boarding schools were established by dedicated educators to fulfill a mission. These goals were usually for students to achieve excellence in academics, gain sound moral and spiritual character, and develop physical strength and dexterity, usually through competitive sports.

The primary purpose of the majority of U.S. boarding schools is to fully prepare young students to gain enrollment at leading universities. Some of these schools are over 200 years old and have educated many of the world's most influential and successful business executives, politicians, scientists, educators and leaders of the 20th century.

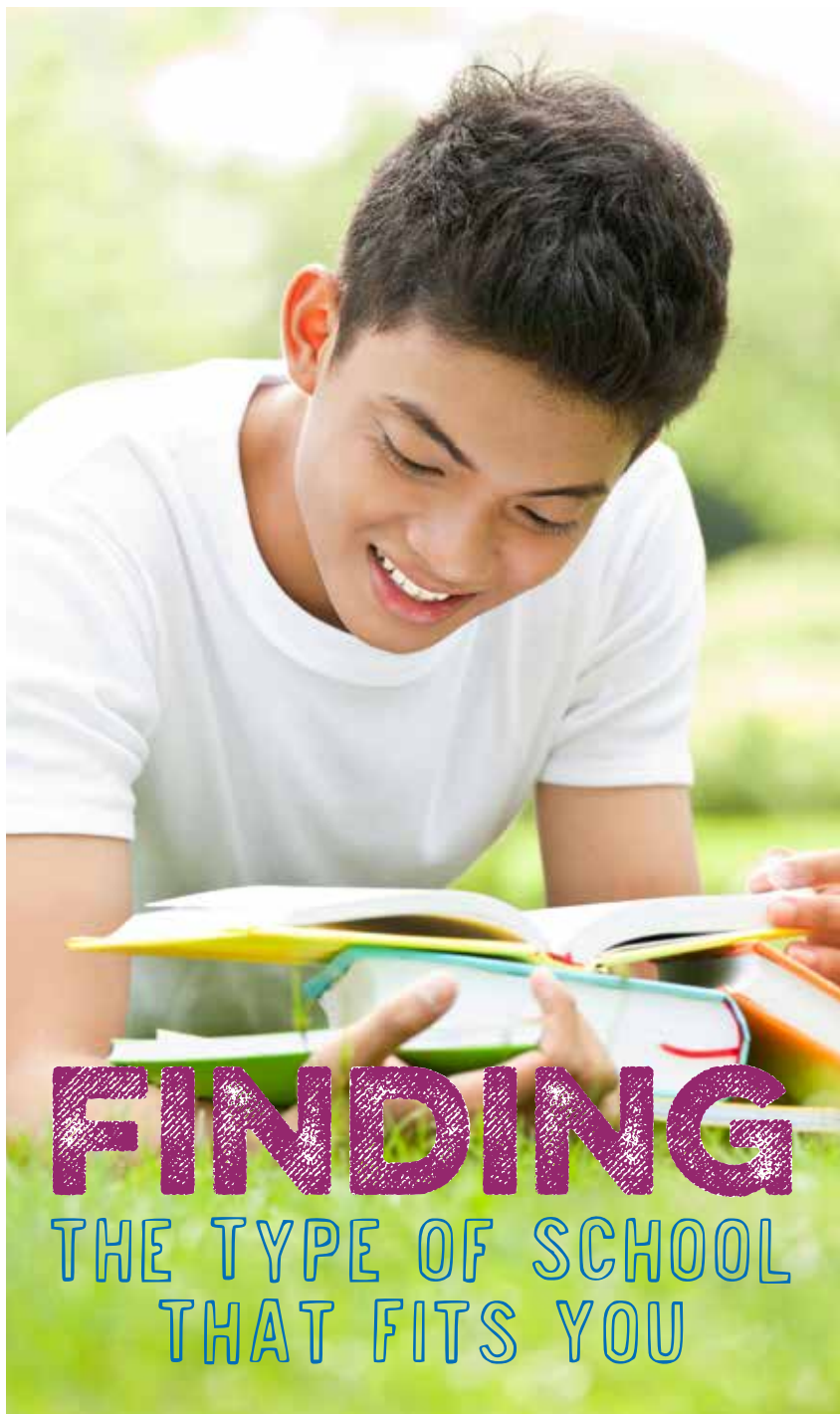
### Why Choose an American School?

Schools in the USA offer outstanding educational programs taught by highly educated and committed teachers. While these schools are focused on excellence, they also stress intellectual growth and the importance of personal and societal values.

As an international student, attending school in the USA can be a little scary and expensive, but it also can be one of the best investments that you and your parents can make. It will give you a quality education and a solid foundation of skills and values for continuing studies at a university. 🌟

**In addition to gaining a superb education at some of the best schools in the world, there are 10 very good reasons why you should consider studying in the United States:**

- ✦ To gain independence, discipline and maturity by living away from home
- ✦ To achieve admission to elite U.S. universities and colleges
- ✦ To have the opportunity to be a leader in the classroom and/or on the athletic field
- ✦ To become fluent in reading, writing and speaking English
- ✦ To gain knowledge of United States culture, geography, economics and way of life
- ✦ To make new and lifelong friends with people from around the world
- ✦ To build relationships with role model teachers
- ✦ To have small classes and individual help with a variety of subjects
- ✦ To learn something new: a sport, acting, playing an instrument, or riding a horse
- ✦ To have an opportunity to play U.S. high school sports



# FINDING

THE TYPE OF SCHOOL  
THAT FITS YOU



**DO** you like the idea of studying at large school or a small school? Are you most comfortable in a city, small town or countryside? Are you interested in attending a school that has a religious or military orientation? Would you like to attend a school that is only for boys or girls? These are the questions you must ask yourself before you begin your search for the right school for you.

### Single-Sex Schools

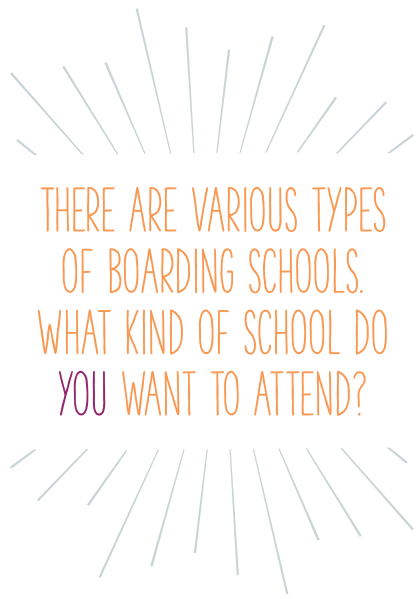
Single-sex schools, those for boys only or girls only, are some of the oldest boarding schools in the country. As a student at one of these schools, you will have the chance to study in a less socially distracting atmosphere. For girls, single-sex schools can often provide greater opportunity to pursue leadership roles in both academic and extracurricular life.

### ESL “Bridge” Programs

English as a Second Language (ESL) “Bridge” programs, running from April until June, provide students with intensive English language training that prepares them for the academic year that begins in September. These classes concentrate on reading, writing and speaking, while incorporating U.S. culture and social expectations. It’s beneficial to attend one of these programs during April or the summer months before you plan to enter a boarding school.

### Postgraduate Programs

Many schools offer a postgraduate program, which is a one-year course of study for students who have finished their high school (secondary) program but are not ready to enter a university. The postgraduate curriculum usually



THERE ARE VARIOUS TYPES  
OF BOARDING SCHOOLS.  
WHAT KIND OF SCHOOL DO  
YOU WANT TO ATTEND?

focuses on reading, writing and mathematical skills. Foreign students can especially benefit from this program since the course of study is flexible and they can structure it around their specific academic needs.

### Summer Schools & Camps

Students attend summer schools for academic credit and as a supplement to their regular academic program. Summer camps, on the other hand, specialize in outdoor recreational activities, sports, art, music and drama.

There are many summer schools and camps that offer ESL training and the opportunity to interact with English-speaking young people. Typically beginning at the end of June, these programs last anywhere from six to ten weeks. You will spend your summer months learning English, making friends and experiencing U.S. culture.

### Military Schools

Military secondary schools have the same advantages as other private

## THE BOLLES SCHOOL, FLORIDA



## ELS LANGUAGE CENTERS

schools, but they also instill the values and importance of teamwork, dedication and discipline. Uniforms and drilling are often required.

### Religious Schools

Some schools have a strong tradition founded in religion and will frequently integrate religious services and classes into their regular curriculum. Most institutions, however, welcome children from all religious backgrounds and respect their differing philosophies.

### Travel Programs

**Ross School** near New York, offers a *Winter Intersession* which is a three-week intensive program held between the winter and spring terms, usually in March. Students and teachers travel and work on group and individual projects in a wide variety of subjects. Students are exposed to in-depth study, new interests, possible academic and career paths, volunteerism and recreational pursuits.

Many of these special projects in-

volve travel, both abroad and within the USA. For example, after Hurricane Katrina devastated the city of New Orleans the school organized a service trip to assist residents' recovery. This past year, Ross Intersession students traveled to Kenya to work with a boys' orphanage and a local Maasai tribe. They produced a multimedia project about the issues these groups face. On the Caribbean island of Dominica, another group planted grasses at a school cricket field to prevent erosion of the field. When they weren't tending to the field, students learned how to carve a calabash, a local gourd that when dried can be used as a water jug or utensil.

### Schools with Homestays

Several schools offer a homestay option as an alternative to living in a dormitory. By living with a U.S. family you will have the comfort of a home life and may have more chances to participate in activities outside of school and within the community.



# OUR SCHOOL COLORS

W.M. Keck Observatory  
© Rick Peterson 2007  
Photo courtesy W.M. Keck Observatory

Hawaiian Green Turtle

Parker Ranch

‘Ōhi‘a Lehua

Hawai‘i Island Sunset

Kilauea Volcano Lava

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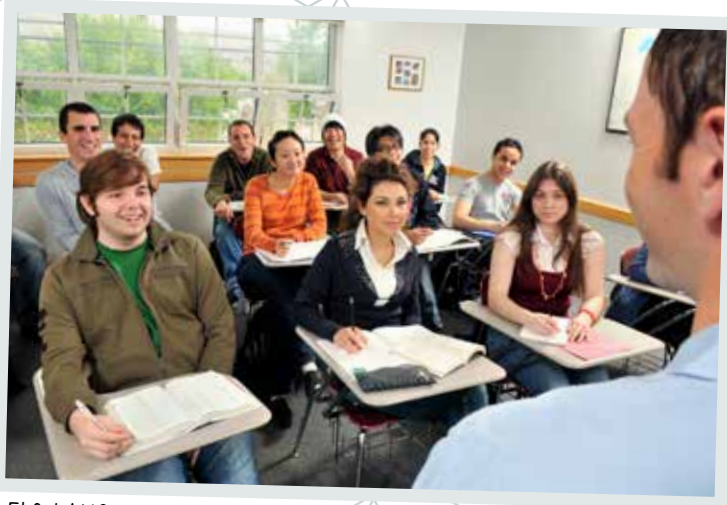
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## ELS LANGUAGE CENTERS

### Service Learning and Life Experience

At several boarding schools, community service participation is a key component of the school's philosophy and curriculum.

The *Senior Project at Ross School* is the culmination of a graduating student's academic career thus far. The student documents the experience of creating the project, usually in the form of an online blog, and puts together a final presentation. Throughout the process faculty mentor works individually with each student.

Recent projects have included *Radical Flash Cards*: A student designed and produced a set of flash cards with photographs to aid children in learning Chinese.

For the *East Harlem Investment Opportunity* project a student created a prospectus for a property in a depressed area of New York City. Using the tools of investment reasoning, the student compared the local real estate market

with other nearby areas, and chose a local apartment building to renovate and eventually sell at a profit.

The *Global Change in Water Chemistry* research project studied the levels of dissolved oxygen and pH in the water. The project examined how these levels indicate the changing climate's effect on local water chemistry and the overall impact on global ocean health. ★



THE BOLLES SCHOOL, FLORIDA



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# SELECTING A SCHOOL OR SUMMER PROGRAM

When you are ready to consider a U.S. program, review the school information in this magazine. Read what opportunities each school has to offer and match them with your personal interests and academic goals. Then, contact the schools that interest you. When you send an email please say that you learned about the school in the *Boarding Schools in the USA* magazine.

Carefully read each viewbook, visit the school's website and watch every video you receive. Be sure to note special characteristics about each school. Is there a dress code? What is the surrounding area like? Are Advanced Placement courses offered?



# English Language Institute

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- Family accommodation information provided
- I-20s issued by school

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ENGLISH LANGUAGE  
INSTITUTE

Visit **BoardingSchoolsUSA.com** or the **Secondary School Admissions Test (SSAT)** website at **ssat.org** for more information about schools and links to their websites. You can send an online request for information directly to schools. If you contact schools via email, please understand that it is important for the school to know how you learned about their program, so please mention *Boarding Schools in the USA*. The schools will send you an email or brochures with descriptions of their academic programs and activities.

Check to see if the schools accept the SSAT Standard Application Online (SAO). If they do, you may access the Standard Application Online from the SSAT website and apply directly online to the schools that interest you.

The application form will ask you to provide detailed information about yourself and your family. You may be asked to write about your interests and abilities. Most schools will also ask you to write an essay in English.

The application may require verification of your family's ability to pay school costs. There will also be a form requesting your current school to send your official transcripts (grades). And you will need to include written recommendations from one or more of your teachers.

You might want to ask for a personal visit from someone representing the school. Many boarding school graduates living abroad would gladly meet with prospective students in their own country. They will answer questions and give firsthand information about campus life and education at the school. If possible, you should give serious thought to visiting the boarding schools you are con-

sidering. An actual visit to the school is the best way to determine if you will be happy there.

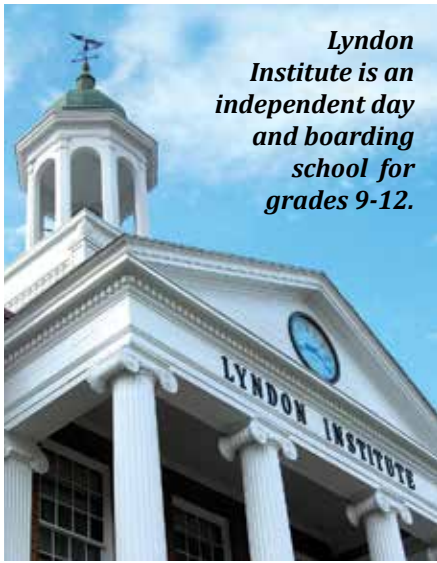
Some of the schools presented in this magazine may ask you to take the SSAT and/or the TOEFL®. Outside of the USA and Canada, the SSAT is given five times per year (October, November, December, January, February, March, April and June) at locations around the world. The test costs US\$239 and will give both you and the school an objective indication of your academic ability. If you are unable to take the test on one of the scheduled test dates, you may arrange to take the test at another time at an independent test center. A limited list of independent test centers outside the USA is available on the SSAT website. To contact SSAT in Princeton, New Jersey, visit the SSAT website at [ssat.org](http://ssat.org), call (609) 683-4440 or email your questions to [info@ssat.org](mailto:info@ssat.org).

You will then send the following information to the schools in which you are interested:

- ◆ Application with an essay in English
- ◆ Current transcript (school record)
- ◆ Letters of recommendation by your teachers (usually two or three)
- ◆ Application fee (US\$25–US\$100)
- ◆ SSAT or TOEFL test results (if required)

If you are accepted, the school will send you an official acceptance letter, enrollment contract, and an I-20 document necessary for obtaining a student visa. You must confirm your attendance at the school by sending an enrollment deposit. After, you will receive a registration packet full of information you will need in order to prepare for your stay in the USA. ★





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# SPECIAL NEEDS & LEARNING DISABILITIES

BY THOMAS O'DELL

**MANY** boarding schools in the United States are dedicated to young people who have difficulty reading or paying attention in class. Other boarding schools enroll a few special needs students in each class and devote special instruction to them.

A select few schools serve students who have special needs that cannot be met by traditional or regular programs. Some are university preparatory; others have a more transitional mission and are preparing their students for a return to the mainstream.

International families oftentimes find it a daunting task to identify the right boarding school for the “special” child. Whether you use a consultant or search on your own, it is vital to find the school that is the “right fit;” one that can address your child’s unique learning style.

## Learning Disabilities

Close to 20 percent of the school age population are diagnosed with a learning difference. Most of these children have a problem using language and are said to have a language based learning disability or dyslexia. Others have a Non-Verbal Learning Disability (NLD) and struggle with organizational difficulties, poor social skills, visual-spatial weaknesses, and conceptual reasoning deficits.

Some students with learning disabilities just need small classes, academic support and minor classroom accommodations; others whose issues are severe and more debilitating, need direct and intense, skills-based language remediation.

Curriculums at these schools use

multisensory approaches and experiential teaching strategies. All teachers at these schools are trained in using these techniques.

Some students struggle with Attention Deficit Disorder (ADD) or Attention Deficit Hyperactivity Disorder (ADHD). These students are oftentimes very bright, but disorganized and unfocused.

They usually do well in small, highly structured boarding schools. Male students with this profile might do well at **St. Thomas More School**, a boarding school for boys in Connecticut.

## Asking the Right Questions

Before enrolling your son or daughter in one of these programs, it is essential to determine whether the school can meet your child’s specific requirements.

You know your child best and the school knows whom it can and cannot serve. Be honest and forthcoming about your son or daughter’s learning difference, emotional problems, social deficits, medications, etc. Ask the right questions of the school. This will lead to the right fit and a successful boarding experience for your special needs child.

## Special Needs Schools

Students with ability who have not yet reached their potential may benefit from programs like the one offered at St. Thomas More School in Connecticut, which provides a structured environment designed to develop good study habits. Small classes are a key aspect of the school’s program. With a typical class size of 12 students, every boy gets the attention he needs. Instructors teach not only subjects such as biology or



## ST. THOMAS MORE SCHOOL, CONNECTICUT

math, but also study skills such as listening and note-taking, effective time management, concentration and memory techniques, and test-taking.

Sometimes a student may need more help than St. Thomas More School's regular system of study skills, extra help and evening study hall. For these boys, a weekend program of extra study or daily, supervised study may be helpful. A *Peer Tutoring Program* assigns older students to help others with their homework. The school finds private tutors, if necessary, for more intensive help.

Students are encouraged to integrate artistic expression into their academic activities, resulting in a higher level of success. ★

*Thomas O'Dell is an educational consultant specializing in boarding school placements for students with special needs. He can be reached at [tomodelledcons.com](http://tomodelledcons.com).*

○ Is the school accredited and by whom?

○ What kind of training/ education does the faculty have?

○ Does the school offer ESL instruction?

○ Does the school have a diverse student body? How well do international students fit in?

○ Where do the students go after leaving the program?

○ What is the application process? Is an on-campus interview required?

○ What specific kinds of academic/psychological testing are needed?

# St. Thomas More School

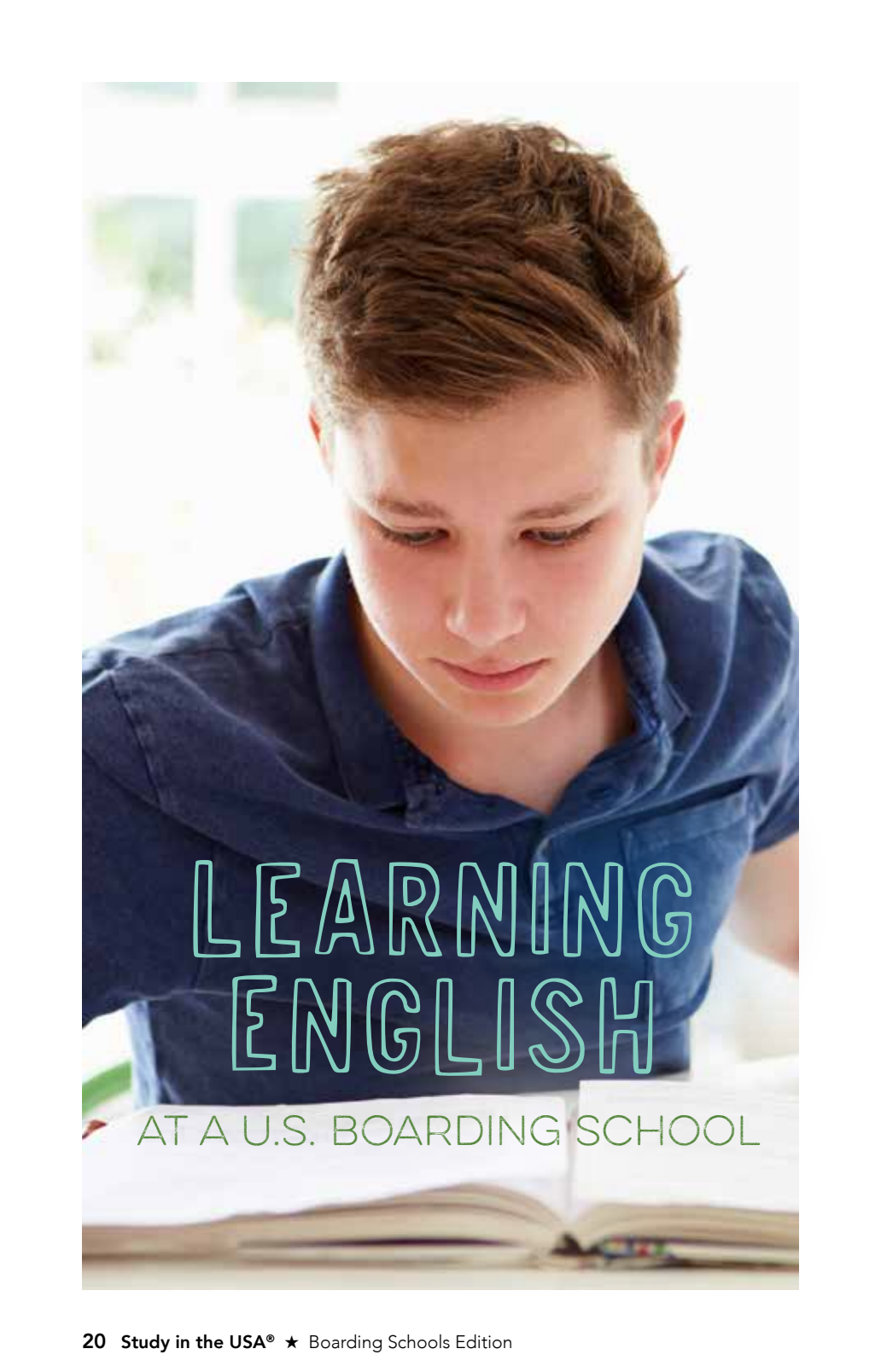
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# LEARNING ENGLISH

AT A U.S. BOARDING SCHOOL

Choosing a secondary school and an ESL program may be one of the most important decisions you make in your lifetime. These steps below should be helpful.

### 1. How do you know if you need ESL?

Most applicants to U.S. universities have had exposure to the English language. However, your basic comprehension and grammar may not be sufficient to apply to a U.S. university or college. Ask yourself if:

- ✦ You are able to read and comprehend most English texts
- ✦ You have a high level of grammatical competence in writing and speaking
- ✦ You have a strong command of vocabulary and functional language
- ✦ You can follow and understand lectures. If not, a boarding school ESL program would be ideal for you.

### 2. How should you evaluate an ESL program?

- ✦ Development of reading, writing, listening, and speaking skills
- ✦ Flexibility in course selection
- ✦ Content-based instruction as well as English language classes

- ✦ TOEFL preparation and testing
- ✦ Individual support and tutoring for both ESL and non-ESL courses
- ✦ Motivated and well-trained faculty
- ✦ Small student-to-teacher ratio
- ✦ Encouragement in expressing ideas and opinions openly
- ✦ Focus on study and organizational skills
- ✦ Emphasis on time management
- ✦ Incorporation of advanced technology in classes

### 3. What should you look for when choosing a boarding school that offers ESL?


- ✦ Equal distribution of international students from different cultures
- ✦ School-sponsored activities to help integration with American students
- ✦ A community where students feel at home, safe, and respected
- ✦ Planned multi-cultural events
- ✦ A strong guidance system in which students meet individually with an advisor to discuss their personal needs, worries, ideas, and goals
- ✦ Opportunities for leadership in student government, clubs, academic areas, and dormitory life. 🌟

## THE BOLLES SCHOOL

Before they begin classes at The Bolles School in Florida, new international students whose native language is not English are encouraged to enroll in the school's four-week Summer ESL Program. They acquire additional proficiency in English and to become acquainted with the American way of life, and also get to know the faculty, students and the school activities. Because Bolles is located near a river, students enjoy swimming and boating in their free time.

In a study skills class, ESL students create personal lists of their own common errors in grammar for reference and correction in future essays. The class uses model essays for study and discussion, and students practice writing longer pieces.

# INTERVIEW

 **NATHALIA BELLER** from Brazil is studying in the 10<sup>th</sup> grade at Ross School in East Hampton, New York.

## **Why did you decide to attend boarding or summer school in the USA?**

My parents and I think that the education in the USA offers additional opportunities than in Brazil. I wanted to improve my English and study in an American university.

## **How did you choose Ross School?**

One day before traveling to Miami with my parents, we decided to go to an agency because my parents wanted me to study abroad. While we were traveling, we visited two schools and one was Ross School. Even before we left Brazil, my sister was saying that she would definitely choose to study at Ross.

It is a special place because it is not located in a big city, with traffic or violence. It is located in a beautiful town, that brings us a feeling of protection and peace. The school is large, pretty, and has very diverse students.

## **What do you like best?**

The curriculum and teaching methods are great. They have a huge concern about cleanliness, which is also good. The fact that we live inside a boarding house is awesome, especially because we really feel at home. However, the thing I like best about studying here are the people, they are all very nice to me and everyone is friendly.

## **What do you miss most?**

I miss mostly my family and my dogs. The fact that we spend most of the day in school is sometimes boring, but it is good when it comes to homesickness, because we don't have much time to think about it.

## **How has this program helped you to handle future study at a U.S. university?**

This is my first year here and my English is greatly improved. If I had stayed in Brazil, my chances of studying at a U.S. university would be much lower. The Senior Project, the culmination of our learning experience at Ross, is also something really important and different. It prepares us to be better in our future and to study at an excellent university.

## **What was your biggest surprise?**

I think my biggest surprise was the Senior Project, which before coming to Ross I had never heard of. This is unique to Ross School.

## **... your biggest disappointment?**

I don't really have a big disappointment. If I have to say something, it would be having to wear slippers and a uniform everyday.



### **How have you handled: ... language differences?**

There is a program in Ross School called ESOL (English for Speakers of Other Languages). I spent the first and second trimesters on the transition level and progressed to the last level to improve my English a little more. But, when I started having “normal” classes, I did not have any difficulty with writing or listening. It was fantastic to live at a school where there are people from many different places and speak many different languages.



### **... adjusting to a different educational system?**

In the beginning of the school year I was very nervous and scared about some teachers and what they would think about me. But as the time went by I started liking a lot of them, and I did not find the educational system difficult.



### **What are your activities?**

At Ross we have wellness classes, such as yoga, fitness, dance, etc. We also have different sports every trimester, like soccer, cheerleading, and basketball. There is also what we call Field Academy courses, in which we travel to another country during three weeks in February. Every weekend we have some different school activity. We can go to the beach, movies, mall, museums, New York City, and other places.

### **How easy or difficult is making friends?**

It is much easier than how I imagined before coming here. Most of the people are very friendly and nice to you.

### **What will you remember most?**

I don't have a specific thing that I will remember most, it's all great. But I think that I will remember mostly my friends and teachers.

### **What is your advice to other students from your country who are considering studying in the USA?**

Be courageous, fight your fears and come because although it is possible to have difficulties, as there are always ups and downs, you are going to be fine. ✨

# SUMMER PROGRAMS SECONDARY AND UNIVERSITY PREPARATION

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Every year, thousands of young people from around the world attend a variety of summer programs throughout the United States. For many students, the idea of spending any portion of their long summer days in an air-conditioned classroom is simply *not* appealing.

But this summer, adventure-seeking teens can discover summer programs that combine fun, learning, and exploration. Many university preparatory boarding schools in the United States offer summer programs that take students outside the classroom, yet still provide enriching educational experiences designed to hone academic, character, and leadership skills. There is everything from English as a Second Language (ESL) to culture studies; academic preparation to outdoor recreation; music and dance to art and design; and computers to television and radio. Programs may be for young children or teenagers, single-sex or coed.

When considering a summer program, you will need to think about where in the United States you want to spend your summer. Do you want to be near the ocean, mountains, deserts, lakes, grassy plains, or cities? Do you want to see regions in the West Coast, Northwest, Southwest, Northeast, Midwest or South?

You should also think about your overall goal. Are you interested in ESL programs, enrichment opportunities, recreational activities, or

preparation for returning to school in the fall?

## English as Second Language Programs

An excellent way to improve your English language skills is by spending a few weeks or months attending a summer program in America. There are several schools and summer language programs that offer intensive English language training for beginning students. If your English is more advanced, you may wish to take other academic classes or activity classes and then supplement your studies with an English as a Second Language (ESL) course.

For students seeking a wide range of learning experiences, **Southwestern Academy**, in San Marino, California, near Los Angeles, operates coeducational ESL and academic programs for grades 6-12. Classes include all areas of English language instruction, art, music, computers, mathematics and sports. In the summer, students may attend the summer *American Culture Program* for four weeks, or may stay for a half or full semester to earn secondary school credit.

At the eastern end of New York's Long Island, **Ross School's** *ESL summer program* immerses students into the language. For five weeks, students ages 12-18 receive three hours of ESL instruction a day, for a total of 75 hours. In the afternoon, students have

the opportunity to hone the skills they learned in the classroom through activities, enrichment classes and sports with fellow American students.

There are many electives and creative enrichment classes: Digital Photography, Filmmaking, Music Open Studio, Surfing, and Pop Culture. The Pop Culture course introduces international students to American culture.

Students interested in athletics are offered a variety of courses and activities: martial arts, weight training and conditioning, tennis, and organic gardening.

In the evening, Ross summer students are free to go to the open gym, hike, play games, have a campfire, play music and stargaze. There are also field trips to the beach and to New York City to see Broadway shows, museums and other cultural institutions.

## Enrichment

You may want a summer program focused on personal enrichment in a specific area. There are specialty camps with concentrations such as studying computers, science and engineering, diplomacy and international studies, cooking and sports.

## Preparation for University

Many classes may be offered for the purpose of preparing students to return to their home schools in the fall. A popular course provided by many programs gives study skills training.

In addition to their ESL summer program, Ross School offers a *U.S. University Admissions Preparation* program. This five-week course, combines SAT and ACT preparation with college counseling, thoroughly preparing students who are applying to U.S. colleges

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MANY UNIVERSITY  
PREPARATORY BOARDING  
SCHOOLS IN THE UNITED  
STATES OFFER SUMMER  
PROGRAMS THAT TAKE  
STUDENTS OUTSIDE THE  
CLASSROOM, YET STILL  
PROVIDE ENRICHING  
EDUCATIONAL EXPERIENCES  
DESIGNED TO HONE  
ACADEMIC, CHARACTER, AND  
LEADERSHIP SKILLS.

---

and universities. Students receive weeks of test preparation, take practice exams, and complete the common application with essays. They are also given a career assessment and develop a working list of potential universities appropriate to their strengths and assets.

## Recreation

Many recreational programs take advantage of their beautiful locations. Whether you choose lake regions, ocean settings, alpine mountains, or desert floors, recreational programs across the United States offer a wide range of activities. Canoeing, hiking, backpacking,

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Average % of scholarship for  
all NCAA/NAIA student-athletes  
(Tuition, Room & Board)



Average % of scholarship  
for Ethos College Recruits  
(Tuition, Room & Board)

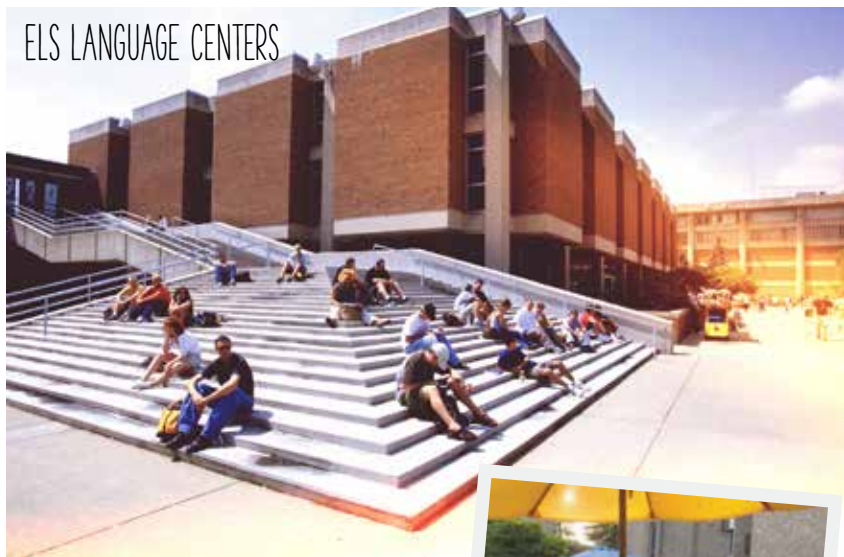


Average yearly scholarship  
for all student-athletes  
(Tuition, Room & Board)



Average % of scholarship  
for Ethos College Recruits  
(Tuition, Room & Board)

## ELS LANGUAGE CENTERS



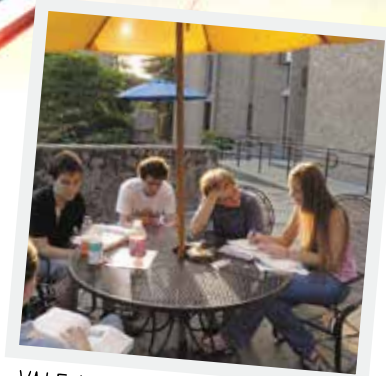
horseback riding, sailing, swimming, archery, arts and crafts, and wilderness camping are available at the majority of the recreation camps.

Sports camps involve intensive, weekly skill-building exercises. Some sports camps even offer instruction from professional athletes. There are several programs in basketball, soccer, tennis, wrestling, fencing, baseball, golf, hockey, and many other sports.

### Environmental Themes

Many camps are centered on the principles of sustainability, recycling, and environmental awareness programs that teach “Leave No Trace” practices. Some feature marine science classes, allowing campers to get hands-on experiences with ocean life, while others introduce students to the trails and rivers of North America.

While these programs vary, they generally share a common goal: teaching young people the value of working together, the sense of exhilaration and accomplishment that comes from



YALE UNIVERSITY, CONNECTICUT

challenging themselves physically and intellectually, and appreciating the beauty and fragility of our natural environment.

### Applying to Summer Programs

With such a variety of summer options, you should consult the admission office of each program that interests you. Ask for brochures and applications.

No matter what kind of U.S. summer program you choose, you will benefit from the opportunity to develop confidence, independence, leadership, and build lasting friendships. 🌟

# 8 THINGS THAT MAKE BOARDING SCHOOLS SAFE

- \* CAMPUSES THAT ARE CONCENTRATED IN ONE LOCATION
- \* DORMITORIES FOR BOYS AND GIRLS THAT ARE LOCKED AT NIGHT
- \* FULL-TIME SUPERVISION IN THE DORMITORIES EVENINGS AND WEEKENDS
- \* ON-CAMPUS INFIRMARIES AND FULL-TIME HEALTH STAFF
- \* CAMPUSES TYPICALLY NOT LOCATED INSIDE LARGE CITIES
- \* SUPERVISED OUTINGS & CULTURAL TRIPS
- \* CURFEWS AND CHECK-INS
- \* SECURITY GUARDS ON CAMPUS EVENINGS AND WEEKENDS



# WHERE TO STUDY IN THE USA



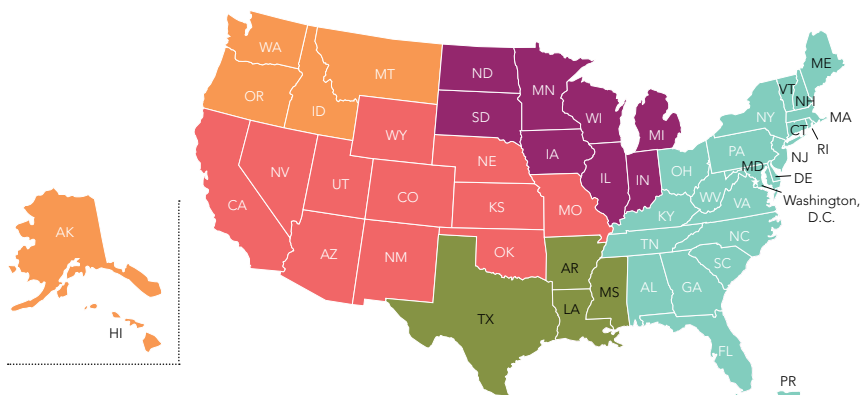
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# SUMMER AND BOARDING SCHOOL *Expo*



MEET REPRESENTATIVES FROM PREMIER BOARDING SCHOOLS



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# PLANNING + PACKING

AFTER YOU DECIDE WHAT TO STUDY AND WHERE, YOU NEED TO THINK ABOUT WHAT TO BRING TO THE USA. HAVE A GOOD TRIP, AND ENJOY YOUR ADVENTURE IN THE USA!



## PAPER STUFF

- Passport
- F-1 Visa
- Certificate of Eligibility: I-20 form
- Credit card
- American currency
- Copy of your prescription and medical documents, including your immunization record

## TOWELS & BEDDING

- (Bring from home or buy in the U.S.)
- Towels
  - Sheets
  - Pillow

## MISCELLANEOUS

- Lightweight, non-perishable food items, such as spices
- Photos of friends and family
- Any sentimental item that reminds you of home

## TOILETRIES

- Toothbrush
- Toothpaste
- Shampoo
- Comb/brush
- Soap
- Deodorant
- Any special items or medication that you can only get in your country

## CLOTHES

- Shoes (casual, athletic, plus one dress pair)
- Jeans/pants/shorts
- Shirts (short and long-sleeved)
- Pajamas
- Socks & underwear
- Bathing suit
- Jacket

## ELECTRONICS

- Adapters
- Computer
- Flash drive
- Camera
- Translation calculator



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